

# Gluten free menu

EST.2015



THE ALLERFORD INN

Making every moment count...

## Starters

£6 Bruschetta Sliced baguette topped with green pesto, garlic, olive oil, mozzarella, and basil.

£6 Garlic mushrooms Gently cooked in a white wine and garlic cream served on a crouton and bed of salad leaf.

£8 Camembert Baked boxed camembert with breads and balsamic and olive oil for dipping.

£6 Pate Farmhouse pate served with toasted breads and a salad garnish.

## Homemade Stonebaked Pizzas

£12 Pepperoni Classic pizza loaded with cheese and stacks of pepperoni

£10 Hawaiian Ham off the bone, pineapple and cheese

£13 BBQ Chicken Fresh free-range chicken breast strips topped with cheese, red onion, sweetcorn and mushrooms

£14 The Allerford Meat Special Ham, chicken, beef steak, bacon and pepperoni topped with cheddar, mozzarella, mushrooms, sweetcorn and red onion

£10 Margherita Tomato sauce, buffalo mozzarella, fresh basil and olive oil

£11 Vegetarian special Three cheeses, mushrooms, peppers, onion, and sweetcorn

£13 Hot n Spicy Beef in a spicy sauce with cheese, jalapenos, pepperoni and onion

£9 Garlic pizza roasted garlic and butter smothered onto a pizza base, topped with mozzarella cheese.

## Mains

£20 Porterhouse steak  
28 days aged 12oz Porterhouse steak served with chunky chips, onion rings, roasted tomato, petit pois and a peppercorn sauce.(NOT included in Wednesdays two for one)

£15 Allerford chicken  
Oven roasted chicken breast served on seasonal vegetables, sauté new potatoes with a garlic cream white wine sauce finished with a pancetta crisp.

£16 Grilled lamb rump  
lamb rump cooked medium rare, served on garlic crushed potatoes and seasonal vegetables.

£13 Stuffed flat field mushrooms  
Mushrooms stuffed with blue cheese and pesto served with a fresh salad

£15 Gammon Steak Chargrilled gammon steak served with egg, chips and a salad garnish.

£14 Cajun Chicken  
Free range chicken cooked in a creamy Cajun spice served on a bed of white fluffy rice (HOT)

